



1st International Polish Pediatric Foot Course

September 18–19, 2025, Łódź, Poland

PATRONAGE



Rector of the Medical University of Łódź
Prof. Jacek Piekarski, MD, PhD



MAYOR OF THE CITY OF ŁÓDŹ
HANNA ZDANOWSKA

PROGRAM

CONGRESSUS

Univ. prof. Błażej Pruszczyński, MD, PhD
Chair of the Scientific and Organising Committee

LECTURERS

Jose A. Morcuende, MD, PhD (USA)

Reid Nichols, MD (USA)

Cristina Alves, MD, PhD, FEBOT (Portugal)

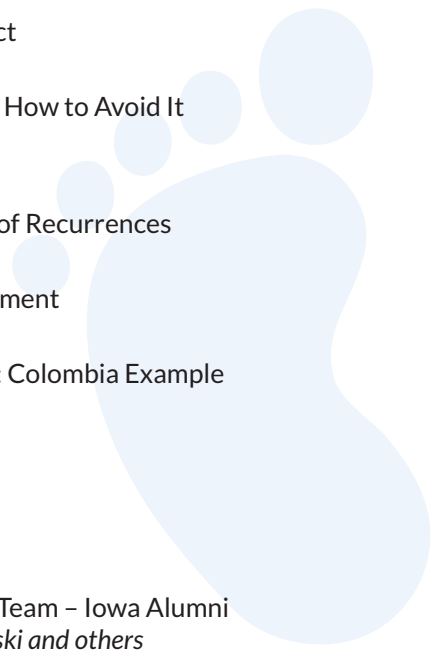
Monica Nogueira, MD (Brazil)

Bartłomiej Kowalczyk, MD, PhD (Poland)

Piotr Buchcic, MD, PhD (Poland)

Anna Kuźnik-Buziewicz, MD (Poland)

Day One – Clubfoot Focus



09:00–09:15	Opening – <i>Blazej Pruszczyński, Jose Morcuende</i>
09:15–09:25	Ignacio Ponseti – The Foot Genius <i>Blazej Pruszczyński</i>
09:25–09:45	Clubfoot – Etiology and Pathobiology <i>Jose Morcuende</i>
09:45–10:05	Why the Ponseti Method Works <i>Jose Morcuende</i>
10:05–10:20	ROM in Clubfoot: What to Expect <i>Jose Morcuende</i>
10:20–10:45	Flattening of the Talus: Why and How to Avoid It <i>Jose Morcuende</i>
10:45–11:05	Coffee Break
11:05–11:35	Identification and Management of Recurrences <i>Monica Nogueira</i>
11:35–11:55	Common Errors in Ponseti Treatment <i>Jose Morcuende</i>
11:55–12:25	How a National Program Works: Colombia Example <i>Jose Morcuende</i>
12:25–12:45	Discussion
12:45–13:45	Lunch Break
13:45–14:00	Post-Tenotomy Care – Bracing <i>Reid Nichols</i>
14:00–14:20	Presentation of Polish Clubfoot Team – Iowa Alumni <i>Jose Morcuende, Blazej Pruszczyński and others</i>
14:20–15:20	My Worst Clubfoot Case Treated with Ponseti Method <i>Jose Morcuende, Cristina Alves, Reid Nichols, Monica Nogueira, Blazej Pruszczyński</i>
15:20–15:40	Discussion
15:40–17:10	Technical Demonstrations: Manipulation, Casting, and Tenotomy <i>Jose Morcuende, Reid Nichols, Cristina Alves, Monica Nogueira, Blazej Pruszczyński</i>
17:10	End of Day One
18:30–21:30	Course Dinner

Day Two – Other Pediatric Foot Issues



08:30–08:45	Metatarsus Adductus <i>Cristina Alves</i>
08:45–09:05	Flexible Flat Foot <i>Reid Nichols</i>
09:05–09:20	Flatfoot Surgeries <i>Cristina Alves</i>
09:20–09:35	Discussion
09:35–09:55	Arthrogrypotic clubfoot <i>Bartłomiej Kowalczyk, Anna Kuźnik-Buziewicz</i>
09:55–10:10	Gait Analysis in Foot Care <i>Reid Nichols</i>
10:10–10:25	How Gait Analysis Helps in Foot Surgery (Cases) <i>Reid Nichols</i>
10:25–10:40	Discussion
10:40–11:00	Coffee Break

Surgical Treatment

11:00–11:10	Evidence for Surgery for Low Muscletone Feet <i>Blazej Pruszczyński</i>
11:10–11:30	Role of Shoe Inserts in the Pediatric Foot <i>Mazbit</i>
11:30–11:50	Role of Orthoses in the Pediatric Foot <i>Ottobock</i>
11:50–12:05	Discussion
12:05–12:20	HV Surgeries in Children <i>Piotr Buchcic</i>
12:20–12:40	CVT without Syndrome <i>Blazej Pruszczyński</i>
12:40–12:50	Syndromic Feet (Except Clubfoot) <i>Bartłomiej Kowalczyk, Anna Kuźnik-Buziewicz</i>
12:50–13:00	Discussion
13:00–14:00	Workshops ◦ ChM plates – <i>Piotr Buchcic</i> ◦ Insoles – <i>Mazbit</i>

14:00–15:00 Lunch Break

15:00–15:20 Cases for Frame
Reid Nichols

15:20–15:35 Cases for Salvage Procedures
Bartłomiej Kowalczyk

15:35–15:50 Trauma in Pediatric Foot
Cristina Alves

15:50–16:00 Discussion

16:00–16:40 Decision-Making: 1 Case Each
Reid Nichols, Cristina Alves, Monica Nogueira

16:40 End of the Course

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